

## Youth and Family Coalition

7.10.2023

4:00 p.m. – 6:00 p.m.

Virtual

Meeting called by:	Tri Leads
Note taker:	Maria Arreola
Tri Leads:	Starleen Maharaj-Lewis, Bobbie Racine
Attendees:	Starleen Lewis, Bobbie Racine, Dawn Scott, Megan Boyle, Val Jones, Cindy Hall, Caitlin Wheeler, Andee Martinez, Dawn Scott,

### Introductions, Announcements and Updates

#### Land Acknowledgement

We acknowledge, with humility, that the land of the North Sound region today is the territory of People of the Salish Sea. Their presence is imbued in the waterways, shorelines, valleys, and mountains of the traditional homelands of the Coast Salish People, since time immemorial.

### Behavioral Health Clubs Project

4:00 - 5:05

Val Jones

ACTION: Action/Decision (X) Discussion ( ) For Information Only ( )

- Research models for clubs
- Help students and faculty/staff choose one that works for hem or create something different
- Provide assistance in applying for funding, membership in a larger organization set up
- Offer help to keep clubs going after “champions”
- Outreach Committee will meet every other week until school begins.
- Target models
  - Seize the Awkward
  - Erika’s Lighthouse
  - Active Minds
  - Teen Self Health
  - Peer to Peer Impact
  - Bring Change to Mind

- Schools will be selected by placement of new ESD therapists. One high school or middle school per county.
- Discussion ensued to gather contacts at the school districts.
- School marketing
  - Identifying Audiences
    - Age
    - Gender
    - Race/Ethnicity
    - Stakeholder role
    - Location
  - Marketing Medium
    - In person events
    - Online/Website
    - Social Media Platforms
    - Educational Materials
    - Presentations
  - Considerations
    - Develop Goals
    - Cultural Considerations. How does the message come across?
    - Does the audience exist on the chosen platform.
    - What do we want to motivate the audience to feel or do.
    - Affinity organizations.

## Intros and Announcements

5:05-5:15

ACTION: Action/Decision ( ) Discussion (x) For Information Only ( )

- Caitlin is the monthly drawing winner. Congratulations Caitlin.
- Introductions were made.
- Dawn provided an update on the WISE program. WISE was nearly at capacity the last two months. Camp Mariposa ages 9-12 for youth in families suffering from Substance Use Disorder. 6 camps weekends per year overnight. Another camp for ages 13-16. This is held as day camps. Youth don't have to be enrolled in Compass Health. Those interested in these camps contact Megan Boyle.
- Val spoke of an issue raised by another FYSPRT regarding Medicaid Transportation. This has been discussed in the Children Youth Behavioral Health Workgroup. It was requested for our region feedback regarding Medicaid Transportation.

<b>Updating the Elevator Pitch</b>	
5:15-5:50	Val
ACTION: Action/Decision (X) Discussion ( ) For Information Only ( )	
<ul style="list-style-type: none"> <li>- Developing an informational handout for new members and communities.</li> <li>- This will help with marketing to communities for recruitment in other counties.</li> </ul>	

<b>Planning Hybrid Meetings</b>	
5:50-6:00	
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview:	
Discussion Points: <ul style="list-style-type: none"> <li>— It was suggested to hold an in-person meeting at schools. Staff and youth can attend to learn about the committee.</li> <li>— Hold a hybrid meeting at Lakewood High School in September or October.</li> <li>— If a meeting is held in Friday Harbor to invite a community member to do the presentation. The family resource center can be a potential presenter.</li> </ul>	

<b>Evaluations</b>	
15min	
ACTION: Action/Decision ( ) Discussion ( ) For Information Only (x)	
Overview: Link was sent to the committee	
Discussion Points: <ul style="list-style-type: none"> <li>— Evaluations link sent to committee</li> </ul>	
<b>Conclusion/Outcomes</b>	
Committee will complete the online evaluation	

**Next meeting is - Monday, August 14, 2023, from 4:00 pm – 6:00 pm**